

## Aurora Services Class Schedule

3/6/23-4/28/23

TIME	GROUP TITLE	PRACTITIONER
<b>MONDAY</b>		
8:15 – 9:30	BUILDING BRIDGES	Melissa
9:30 – 10:45	LIFE WORKSHOP	Ryan
10:45 - 12:00	SPRING FORWARD	Nicole
1:00 – 2:00	LIFE LESSONS FOR RECOVERY	Kathi
<b>TUESDAY</b>		
8:15 – 9:30	MIND MATTERS	Ryan
9:30 – 10:45	GOT MOTIVATION?	Nicole
10:45-12:00	MAKING SOCIAL CONNECTIONS	Kathi
1:00 – 2:00	RECOVERY SUPPORT	Lucas
<b>WEDNESDAY</b>		
8:30 – 10:15	CULTURAL AWARENESS	Kathi
10:15 – 12:00	FOOD FOR THOUGHT	Ryan
1:00 – 2:00	STRESS BUSTERS	NICOLE
<b>THURSDAY</b>		
8:15 – 8:45	MORNING WISDOM	Melissa
9:00 – 12:00	CREATIVE EXPRESSIONS	Deanna
1:00 – 2:00	TIME FOR TECHNOLOGY	Lucas
<b>FRIDAY</b>		
8:30 – 10:00	FUN FRIDAY	STAFF
10:00 – 12:00	IT'S SHOWTIME	STAFF
12:00 – 1:00	LUNCH AND WRAP UP	Nicole-cook/Staff

\*\*\*\* Group times are subject to change based on attendance.

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9/7/22