

# GUIDANCE ON HOME ISOLATION OR QUARANTINE AND RETURNING TO WORK FOR NON-HEALTHCARE WORKERS AFTER COVID-19 EXPOSURE\*

I HAVE COVID-19  
AND DON'T WORK  
IN HEALTH CARE

Stay home for at least 10  
days after symptom onset  
AND you are fever free for  
24 hours

I may return to work

SOMEONE I HAVE HAD  
CLOSE CONTACT WITH  
(WITHIN 6 FEET FOR  
15 MINUTES) OR A  
HOUSEHOLD MEMBER HAS  
COVID-19

Quarantine at home

Do I get sick?

Yes

Follow the  
"I have  
COVID-19"  
box

No

I must  
quarantine for  
10 days OR 7  
days (with  
negative test  
on or after  
day 5 of  
quarantine)  
AFTER person  
in household is  
released  
from isolation

I may  
return to  
work

I HAVE HAD CLOSE  
CONTACT WITH OR HAVE A  
HOUSEHOLD MEMBER  
WHO HAS COVID-19 AND I  
WORK IN A CRITICAL  
INFRASTRUCTURE ROLE

Do I have symptoms?

Yes

Follow the  
"I have  
COVID-19"  
box

No

I may continue  
to work but  
only if  
adhering to  
CDC protocols

\*After following the DOH quarantine guidelines, check with your employer before returning to work.